

LA QUINTA RESOURCES CORPORATION

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NEWS RELEASE

April 7th, 2010

La Quinta Announces New President

La Quinta Resources Corporation (TSXV: LAQ, the "Company") is pleased to announce that Walter Martin, member of the Company's Board is now President of LAQ. Mr. Martin is a geologist with 26 years of experience in mineral exploration and mines development throughout western U.S. He has professional experience with all phases from generative conceptualization through title search and acquisition, developmental drilling and feasibility, small mines permitting and development to closure.

Glen Watson, CEO of the Company stated: "I would like to take this opportunity to welcome Walter as our new President. Walter's experience and previous success in the mining industry for the past 26 years makes him the ideal candidate for this position."

"I'm honored with this appointment and I'm very excited about the future prospect for the Company" said Walter Martin at its nomination.

Pursuant to the Stock Option Plan as approved by shareholders at the last Annual General Meeting, La Quinta announces the granting of 400,000 incentive stock options to its new President Walter Martin. The options vest immediately and are exercisable at CAN\$ 0.10 for a term of five years.

La Quinta is a junior exploration company actively seeking mineral opportunities for the benefit of all our stakeholders. Currently the Company is focused on exploring for gold on its Easter Project in Nevada. The Easter Project is underlain by a quartz-adularia vein stockwork system within Tertiary volcanic rocks of the Caliente Calderon Complex of southeastern Nevada. Numerous drill programs were conducted over the past 27 years by several operators and 121 holes outlined an area of gold mineralization with a strike length of at least 6,450 feet and widths up to 90 feet. Significant prior intercepts include up to 0.194 oz. Au / ton over 90 feet (including 0.549 oz. Au / ton over 15 feet) and 0.084 oz. / ton over 110 feet (including 0.534 oz. Au / ton over 5 feet).

Homestake Mining JV partner World Wide Minerals reported (June 20, 1994) a near surface historic resource of 3.35 million tons grading 0.065 ounces per ton gold (218,000 gold ounces) to a depth of 200 feet. Drilling has also shown the system is open below a vertical depth of 1,740 feet, several hundred feet below an indicated boiling zone (at a depth of 500 to 800 feet) and suggests the possibility of a second bonanza system underlying the near surface mineralization.

A qualified person has not done sufficient work to classify the historic resource estimate as current mineral resources or to verify the analytical work as reliable. These do not meet current 43-101 standards and are presented here only as an indication of the amount of gold mineralization

ON BEHALF OF THE BOARD

Glen Watson

CEO

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