
LA QUINTA RESOURCES ENGAGES INVESTOR RELATIONS GROUP

Vancouver, B.C. April 20, 2010 – La Quinta Resources Corporation (TSX-V: LAQ) (“La Quinta”), is pleased to announce that it has engaged Investor Cubed Inc. (“Investor Cubed”) to provide investor relations and shareholder communications services effective April 20, 2010.

In connection with the engagement, Investor Cubed has been awarded a consulting contract paying \$5,500 per month for a term of twelve months. In addition, Investor Cubed has been granted 1,100,000 stock options at a price of \$0.10. The options shall vest quarterly over a period of one year and shall be subject to regulatory approval and the provisions of La Quinta’s Stock Option Plan.

About Investor Cubed

Investor Cubed provides specialized investor relations and business consulting services to a select group of leading Canadian small cap companies. We consider our small cap clients to be our “partners” in creating value for their shareholders and for the financial industry professionals who we introduce our clients to and are so important to our business model.

In addition, Investor Cubed is a partner and co-manager of www.SmallCapPower.com (SCP). SCP is Canada’s first website dedicated to tracking stocks with market caps from \$5 to \$250 million and has rich investment content and dynamic functionality that brings investors and financial industry professionals together to discover and communicate with small cap companies.

About La Quinta Resources Corporation

La Quinta is a junior exploration company actively seeking mineral opportunities for the benefit of all our stakeholders. Currently the Company is focused on exploring for gold on its Easter Project and silver on its Black Jack Property in Nevada. The Easter Project is underlain by a quartz-adularia vein stockwork system within Tertiary volcanic rocks of the Caliente Calderon Complex of southeastern Nevada. Numerous drill programs were conducted over the past 27 years by several operators and 121 holes outlined an area of gold mineralization with a strike length of at least 6,450 feet and widths up to 90 feet. Significant prior intercepts include up to 0.194 oz. Au / ton over 90 feet (including 0.549 oz. Au / ton over 15 feet) and 0.084 oz. / ton over 110 feet (including 0.534 oz. Au / ton over 5 feet).

A qualified person has not done sufficient work to classify the historic resource estimate as current mineral resources or to verify the analytical work as reliable. These do not meet current 43-101 standards and are presented here only as an indication of the amount of gold mineralization

On behalf of the Board:

Glen Watson
CEO/Director

Investor Cubed Inc.:

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“Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.”

This document includes forward-looking statements. Forward-looking statements. When used in this document, the words “potential”, “plan”, “could”, “estimate”, “expect”, “intend”, “may”, “should”, and similar expressions are intended to be among the statements that identify forward-looking statements. Although La Quinta believes that their expectations reflected in these forward-looking statements are reasonable, such statements involve risks and uncertainties and no assurance can be given that actual results will be consistent with these forward-looking.