

La Quinta Welcomes a New Director to the Board

Vancouver, B.C. April 27, 2010 – La Quinta Resources Corporation (TSX-V: LAQ) (“La Quinta”), is pleased to announce the appointment of Mark J. Abrams as a Director to the board of La Quinta. Mr. Abrams is a licensed geologist with over twenty-nine years of mineral exploration experience with emphasis on identification, evaluation, acquisition and development of precious metal deposits in North America, South America and Asia.

Glen Watson, CEO of the Company stated: “Mark is a perfect fit to our team. His knowledge and experience add depth to our Board of Directors. His nomination occurs at the appropriate time for the development of our Gold and Silver projects in Nevada”.

Pursuant to the Stock Option Plan as approved by shareholders at the last Annual General Meeting, La Quinta announces the granting of 250,000 incentive stock options to Mr. Abrams. The options vest immediately and are exercisable at CAN\$ 0.10 for a term of five years. The granting of the said options is subject to acceptance by the applicable securities bodies.

About La Quinta Resources Corporation

La Quinta is a junior exploration company actively seeking mineral opportunities for the benefit of all our stakeholders. Currently the Company is focused on exploring for gold and silver on its Easter Project and Black Jack property in Nevada. The Easter Project is underlain by a quartz-adularia vein stockwork system within Tertiary volcanic rocks of the Caliente Calderon Complex of southeastern Nevada. Numerous drill programs were conducted over the past 27 years by several operators and 121 holes outlined an area of gold mineralization with a strike length of at least 6,450 feet and widths up to 90 feet. Significant prior intercepts include up to 0.194 oz. Au / ton over 90 feet (including 0.549 oz. Au / ton over 15 feet) and 0.084 oz. / ton over 110 feet (including 0.534 oz. Au / ton over 5 feet).

A qualified person has not done sufficient work to classify the historic resource estimate as current mineral resources or to verify the analytical work as reliable. These do not meet current 43-101 standards and are presented here only as an indication of the amount of gold mineralization

On behalf of the board

Glen Watson

CEO and Director

Investor Cubed Inc.:

Neil Simon

Telephone: (647) 258-3310, (888) 258-3323

Fax: (416) 363-7977 E-mail: nsimon@investor3.ca

La Quinta Resources Corp.

1(604) 803-5229 / 1(604) 684-4653 - Email: info@laquintaresources.com - Web Site: www.laquintaresources.com

“Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.” This document includes forward- looking statements. When used in this document, the words “potential”, “plan”, “could”, “estimate”, “expect”, “intend”, “may”, “should”, and similar expressions are intended to be among the statements that identify forward-looking statements. Although La Quinta believes that their expectations reflected in these forward-looking statements are reasonable, such statements involve risks and uncertainties and no assurance can be given that actual results will be consistent with these forward-looking statements.