

**LA QUINTA RESOURCES ANNOUNCES DRILL PROGRAM ON ITS EASTER PROJECT**

**Vancouver, B.C. July 12, 2010** - La Quinta Resources Corporation (“La Quinta” or “The Company”) is pleased to announce that it has applied for drilling permits with the appropriate Federal agency for the Easter project located south east of Nevada, USA. CEO Glen Watson commented: “We are excited to begin drilling on highly prospective targets that have the possibility to increase our 43-101 resource.” The approval of the drilling program under a Notice of Intent is pending review by the Caliente office of the Bureau of Land Management and acceptance of reclamation bonding.

La Quinta has applied to drill 3,200 ft of reverse circulation percussion drilling in 16 drill holes sited in the outcrop of the Main Vein at Easter. The outcrop is more than 1,500 ft long and as much as 200 ft above the valley floor with widths of the vein of 10 – 100 ft. This program is designed to sample the previously exposed part of the Main Vein in multidimensional aspect, as part of La Quinta’s systematic approach to quantifying mineralization at the Easter project.

The information contained in this news release has been reviewed, approved and deemed relevant by Walter Martin, C.P.G., a qualified person as defined under National Instrument 43-101.

**About La Quinta Resources Corporation**

La Quinta is a junior exploration company actively seeking mineral opportunities for the benefit of our stakeholders. Currently the Company is focused on exploring for gold and silver on its Easter Project and Black Jack property in Nevada. The Easter Project is underlain by an epithermal quartz-adularia vein stockwork system hosted within Tertiary volcanic rocks of the Caliente Caldron Complex of southeastern Nevada. Numerous drill programs were conducted over the past 27 years by several operators and 121 holes outlined a 43-101 compliant resource of 2.6 million tons at 1.3 g/t gold (0.038 oz/t) and 14 g/t silver (0.4 oz/t) within an area of gold mineralization with a strike length of at least 6,450 feet and widths up to 90 feet. Significant prior intercepts include up to 0.194 oz. Au / ton over 90 feet (including 0.549 oz. Au / ton over 15 feet) and 0.084 oz. / ton over 110 feet (including 0.534 oz. Au / ton over 5 feet).

The Company invites you to view SmallCapPower features a video interview with Mr. Walter Martin, the President and Director of the Company. The video interview provides a detailed insight into the investment potential in La Quinta Resources Corp. and also, informs viewers about the upcoming drilling plan the company has put in place. The interview is available at: [http://www.smallcappower.com/microsite/CEO\\_Video\\_Interview.aspx?CompanyID=33](http://www.smallcappower.com/microsite/CEO_Video_Interview.aspx?CompanyID=33)

On behalf of the board

*Glen Watson*

CEO and Director

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**La Quinta Resources Corp.**

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