

LA QUINTA RESOURCES CORPORATION

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NEWS RELEASE

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PROGRESS ON KAMPENE GOLD PROJECT IN DRC

Vancouver, British Columbia – **La Quinta Resources Corporation** (“La Quinta” or “LAQ”) today reported that its technical crews have completed the first portion of a prospecting and soil geo-chemical sampling program for gold on the Kampene concession.

The Kampene concession is leased from AMIKI (Association Miniere du Kivu sprl) and is located in the Maniema Province in the Democratic Republic of Congo. The Kampene project covers 49 square kilometres. Kampene has a long history of extensive mineral production dating back to the 1940's and the Belgian era, when mineral production for gold, cassiterite and coltan (columbite and tantalite,) formed the economic basis for the formation of the town of Kampene, complete with its airstrip, schools, churches and hospital.

The team of four Congolese geologists, on site since August 9, 2007, is supported by La Quinta Congo sprl's (La Quinta Congo, or LAQC) administrative and logistic offices and personnel established in Kinshasa, the capital city of Congo; in Kindu, the capital of the Maniema Province and in Bukavu, the capital of the South Kivu Province. Additionally La Quinta Congo has hired locally a group of 40 workers, to facilitate the progress in the tropical forest and the recovery of individual two-kg soil samples on a 400 meter by 200 meter regional grid covering the whole concession.

The work is progressing rapidly at the rate of about 50 samples per week. As volume allows, the samples will be sent by air transportation to the ALS-Chemex preparation labs in Mwanza, Tanzania, from the air strip at Kampene. The preparation lab will take care of drying, crushing, pulverizing and splitting of 250 gram sub-samples, which will be sent to ALS labs in Johannesburg, SA for gold testing by fire assay and for 48 other elements testing by acid digestion, using HCl leach followed by ICP-AES and ICP-MS analysis. A complete program of quality control and assurance will be put in place to insure state-of-the-art reliability of the sampling and assaying program.

At the current rate of sampling, it is estimated that four more weeks of work will be necessary to completely cover the whole concession on this wide spaced grid. This program will then be followed by trenching and RC drilling before the end of the year.

In parallel, a LANDSAT image structural interpretation has been commenced on the Kampene project, by EarthMetrix of Rouyn-Noranda, Quebec, Canada, to support the drilling target decisions, once the geochemical assay results are received and compiled.

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Michel Cormier, the Company's President and COO; a Geological Engineer with long experience in successful gold exploration, both in North America and in French speaking Africa, visited the property recently. Following his visit, he commented: *"I am impressed with the quality of technical and administrative personnel we have been recruiting in Congo. Their total dedication to our exploration approach leads us to believe that our properties in Congo will be thoroughly, systematically and successfully explored and supported in a very efficient and cost effective manner."*

The La Quinta Congo team is now established in the DRC, and is also prepared to start gold exploration work on the adjacent 7,000 square kilometer licence area covering the southern portion of the Twangiza -Namoya Gold Belt, working on licences owned by Wa Balengela Kasai-Investments Congo sprl, ("WB. Kasai" or "WBK") La Quinta's Congolese partner. This partnership is the subject of a separate Memorandum of Understanding between LAQ and WBK and is currently awaiting the solution of a series of court actions in DRC, expected to complete in late September.

Michel Cormier acted as the Qualified Person in respect of the requirements of NI-43-101 for this Press Release.

La Quinta is a publicly held Canadian natural resource mining company focused on exploring for precious metals principally in Mexico and Democratic Republic of the Congo. The Company is led by a highly skilled, experienced Board and management team with significant successes in finding and developing early stage gold and base metals projects.

ON BEHALF OF THE BOARD:

"Malcolm JA Swallow"

Malcolm JA Swallow
Chairman & CEO

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The TSX Venture Exchange has not reviewed and does not except any responsibility for the accuracy or adequacy of this news release, which has been prepared by management.